

**Junior 18 Participants****60 kg Junior**

1. Mahde Montazar
2. Buster Hesselbom
3. Hamza Chanchiri

3 Participants

- AIR
BK Starke
BK Odin

67 kg Junior

1. Kacper Konczalik
2. Mads Jakobsen
3. Zacherias Gustavsson
4. Sharam Beg

4 Participants

- Unia Swarzedz
AK Heros
Bjuv BK
Hästveda BK

72 kg Junior

1. Oliver Jensen
2. Nicklas Sørensen
3. Christian Johansson
4. Izak Nordqvist
5. Matteus Bergkvist
6. Emil Persson

6 Participants

- Danish Wrestling NKC
BK Viking
BK Pan - SWE
BK Pan - SWE
BK Starke
Höör BK

82 kg Junior

1. Noel Nordqvist
2. Fabian Mazdin
3. Victor Christensen

3 Participants

- BK Pan - SWE
Klippans BK
AK Heros

97 kg Junior

1. Mattias Malmberg
2. Dmitriy Lisitsyn

2 Participants

- BK Starke
Alsia

Piger 28 Participants**1 kg Piger**

1. Sally Malmgren
2. Vanessa Miller
3. Sarah G. Davidsen
4. Noline Fröjd

4 Participants

- Svedala
Helsingborg Wrestling Team
Ffl
Bjuv BK

2 kg Piger

1. Nomi Øbro
2. Maja Julin
3. Tuve Stenmark
4. Heidi Liljeberg
5. Rocki Bergquist

5 Participants

- AK Heros
Svedala
Helsingborg Wrestling Team
Helsingborg Wrestling Team
Svedala

3 kg Piger

1. Vera Stoltz
2. Elin Mirheden
3. Tindra Persson
4. Vanessa Azzam
5. Carla Christiansen

5 Participants

- Helsingborg Wrestling Team
Dalby BK
Svedala
Hästveda BK
BK Thor N.

4 kg Piger

1. Maja Majdanska
2. Stella Orenszajn
3. Gabriella Nikitidis
4. Eveline Larsen
5. Madelen Adamsson

5 Participants

- Zary
Helsingborg Wrestling Team
Bjuv BK
Dalby BK
Bjuv BK

5 kg Piger

1. Saga Svensson
2. Martyna Gabryl
3. Susan Larsen
4. Frida Christiansen
5. Isabella Gudmundsdottir
6. Freja Faber

6 Participants

- EAI Brottning Eslöv
Zary
Helsingborg Wrestling Team
BK Thor N.
Dalby BK
BK Thor N.

6 kg Piger

1. Aleria Lindblom Fernandez
2. Edith Ask
3. Blessing Levin

3 Participants

- Kävlinge/Furulunds BK
Svedala
BK Starke

Ungdom 40 Participants**45 kg Ungdom**

1. Wojtek Kuzmiak
2. Samuel Nilsson

2 Participants

- Zary
BK Starke

51 kg Ungdom

1. Willmer Guldstrand
2. Pontus Ståhl
3. Rasambek Bisultanov
4. Packron Lundin
5. Dominik Pyzara
6. Alexander Øbro

6 Participants

- Team Skåne
Kävlinge/Furulunds BK
Herning BK
Bjuv BK
BK Viking
AK Heros

55 kg Ungdom

1. Magnus Rasmussen
2. Oskar Ståhl
3. Jonathan Hallén
4. Elliot Gega
5. Gracjan Jedut

5 Participants

- Danish Wrestling NKC
Kävlinge/Furulunds BK
Kävlinge/Furulunds BK
Limhamns BK
Zary

60 kg Ungdom

1. William Reenberg
2. Liam Azzam
3. Vilgot Klinthäll
4. Casper Brodin
5. Hampus Areberg
6. Noha Söderqvist
7. Daud Ahiyadov
8. Oskar Johansson

8 Participants

- Danish Wrestling NKC
Hästveda BK
BK Enig
Team Skåne
Bjuv BK
Team Skåne
BK Thrott
BK Pan - SWE

65 kg Ungdom

1. Ruben Fodor
2. Jeff Mølholt

11 Participants

- Team Skåne
Danish Wrestling NKC



List of winners

Venue Frederiksværk, 22-02-2020

232 Participants

Heros Cup 2020

All

Klasse

- | | |
|----------------------|-----------------------|
| 3. David Edisultanov | Danish Wrestling NKC |
| 4. Oscar Bertelsen | Alsia |
| 5. Lucas Friis | BK Thor N. |
| 6. Amgad Alabadi | AK Jyden |
| 7. Erik Havi | Bjuv BK |
| 8. Vincent Hansson | Kävlinge/Furulunds BK |
| 9. Linus Norlin | BK Starke |
| 10. Soroosh Sabri | BK Thrott |
| 10. Hugo Swahn | Team Skåne |

- | | |
|-------------------|-----|
| 4. Milan Manghezi | CIK |
| 5. Jason Thrane | CIK |

2 kg Puslinge

- | |
|----------------------|
| 1. Jasin Amerkhanov |
| 2. Timi Gnatenko |
| 3. Omar Fakhro |
| 4. Gustav Staal |
| 5. Bertram Lauritzen |

5 Participants

- | |
|------------|
| Herning BK |
| Aars BK |
| Svedala |
| AK Jyden |
| CIK |

71 kg Ungdom

- | |
|-----------------------|
| 1. Axel Nilsson |
| 2. Vano Harutunjan |
| 3. Olaf Cierzeniewski |
| 4. Philip Kronholm |

4 Participants

- | |
|---------------|
| Klippans BK |
| AIR |
| Unia Swarzedz |
| Bjuv BK |

3 kg Puslinge

- | |
|-------------------|
| 1. Tim Hjälmsroth |
| 2. Yones Saado |
| 3. Zakaria Fakhro |
| 4. Hjalte Klavsén |
| 5. Hektor Hansen |

5 Participants

- | |
|-------------|
| BK Starke |
| Limhamns BK |
| Svedala |
| Ffl |
| CIK |

80 kg Ungdom

- | |
|----------------------|
| 1. Piotr Chetek |
| 2. William Arvidsson |
| 3. Mårten Persson |

3 Participants

- | |
|---------------|
| Unia Swarzedz |
| Viskafors |
| Bjuv BK |

4 kg Puslinge

- | |
|----------------------|
| 1. Wilmer Pålsson |
| 2. Oliver Rasmussen |
| 3. Johannes Lindhér |
| 4. Dominic Jørgensen |
| 5. Filip Pyzara |

5 Participants

- | |
|-------------|
| Bjuv BK |
| AK Heros |
| Limhamns BK |
| BK Thor N. |
| BK Viking |

110 kg Ungdom

- | |
|-----------------------|
| 1. Benjamin Lindhardt |
|-----------------------|

1 Participants

- | |
|------------|
| BK Thor N. |
|------------|

Kvinder

15 Participants

57 kg Kvinder

- | |
|----------------------|
| 1. Ebba Söderquist |
| 2. Sara Jensen |
| 3. Oliwia Charchalis |
| 4. Nikola Drozdek |

4 Participants

- | |
|----------------------------|
| Helsingborg Wrestling Team |
| BK Odin |
| Zary |
| Zary |

5 kg Puslinge

- | |
|------------------------|
| 1. Stanislav Zoltowski |
| 2. Johan Vive |
| 3. Asmus Rasmussen |
| 4. Elias Humle |
| 5. Karlo Danielsen |

5 Participants

- | |
|------------|
| Herning BK |
| Ffl |
| BK Thor N. |
| BK Thor N. |
| BK Viking |

62 kg Kvinder

- | |
|-------------------------|
| 1. Wilma Sjögren |
| 2. Karoline Koldby |
| 3. Sara Nilsson |
| 4. Karina Bruun Nielsen |

4 Participants

- | |
|----------------------------|
| Helsingborg Wrestling Team |
| Danish Wrestling NKC |
| BK Starke |
| Ffl |

6 kg Puslinge

- | |
|---------------------|
| 1. Malthe Rasmussen |
| 2. Ajup Khizriyev |
| 3. Mohammad Hallak |
| 4. Wiliam Thaarup |

4 Participants

- | |
|--------------|
| AK Heros |
| KIF Brydning |
| Limhamns BK |
| Ffl |

68 kg Kvinder

- | |
|-------------------------|
| 1. Nora Svensson |
| 2. Clara Johansen Stuhr |
| 3. Zuzanna Kuczma |
| 4. Jessica Boe Nielsen |
| 5. Sofie Bach |
| 6. Freja Willumsen |

6 Participants

- | |
|----------------------------|
| Helsingborg Wrestling Team |
| Aars BK |
| Zary |
| Ffl |
| AK Jyden |
| AK Heros |

7 kg Puslinge

- | |
|-----------------------|
| 1. Charlie Askling |
| 2. Uno Malmgren |
| 3. Simon Göransson |
| 4. Sylvester Jakobsen |
| 5. Gabriel Hansen |

5 Participants

- | |
|--------------|
| Limhamns BK |
| Svedala |
| BK Pan - SWE |
| Ffl |
| BK Thor N. |

72 kg Kvinder

- | |
|------------------|
| 1. Sarah Poulsen |
|------------------|

1 Participants

- | |
|----------|
| AK Heros |
|----------|

8 kg Puslinge

- | |
|----------------------|
| 1. Gilberto Wincentz |
| 2. Martin Adamsen |
| 3. Natan Fas |
| 4. Rasmus Bodi |

4 Participants

- | |
|----------------|
| AK Heros |
| Bjuv BK |
| Granica Gdansk |
| CIK |

Puslinge

44 Participants

1 kg Puslinge

- | |
|------------------|
| 1. Jeremy London |
| 2. Malthe Holck |
| 3. Victor Brink |

5 Participants

- | |
|------------|
| BK Thor N. |
| AK Heros |
| CIK |

9 kg Puslinge

- | |
|-------------------|
| 1. Samir Hallak |
| 2. Talha Fakhro |
| 3. Alexander Rudy |

5 Participants

- | |
|-------------|
| Limhamns BK |
| Limhamns BK |
| AK Heros |



4. Adrian Arnkiel Jensen Herning BK
5. Gabriel Brym UKS Zapasy Gwardia Warszawa

11 kg Puslinge

1. Gabriel Brym UKS Zapasy Gwardia Warszawa

1 Participants

4. Ramzan Chamaev Herning BK
5. Ludwig Cederholm Team Skåne
6. Sebastian K. Rasmussen BK Thor N.
7. Joel Jönsson Svedala
8. Dawid Torkowski Granica Gdansk

Dreng**87 Participants****34 kg Dreng****16 Participants**

1. Stamatios Vorries	Herning BK
2. Rasmus Mathiesen	Aars BK
3. Lukas Jönsson	Team Skåne
4. Loke Vilkmán	Bjuv BK
5. Witold Gdaniel	Granica Gdansk
6. Marc Gyldendal Davidsen	Ffl
7. Mio Flink	Bjuv BK
8. Gustav Skovbo	AK Heros
9. Ebbe Jørgensen	Bjuv BK
10. Islambek Akhmadov	KIF Brydning
11. William Alexander Thomse	BK Thrott
12. Loie Weiss	AK Heros
13. Wojciech Mydlowski	Kolbudy
14. Michal Andriev	Granica Gdansk
14. Wiktor Klos	Granica Gdansk
14. Chingizkhan Amerkhanov	Herning BK

38 kg Dreng**10 Participants**

1. Jebriil Fakhro	Limhamns BK
2. Jonas Petersen	AK Heros
3. Atikan Arici	AK Heros
4. Vitus Weiss	AK Heros
5. Ayad Alabadi	AK Jyden
6. Kuba Fas	Granica Gdansk
7. Casper Kragh Mathiesen	Ffl
7. Frederik Ulriksen	BK Thor N.
7. Marcus Tofte Mortensen	AIR
10. Gustav Bjerregaard Falberg	Ffl

41 kg Dreng**12 Participants**

1. Axel Baff	Limhamns BK
2. Viktor Larsø	BK Thor N.
3. Isaac Sjöberg	BK Starke
4. John Askling	Limhamns BK
5. Mathias Rasmussen	AK Heros
6. Vincent Nika-Evald	Bjuv BK
7. Zet Flink	Bjuv BK
8. Ariya Bonyadi	BK Odin
9. Milo Nordqvist	BK Pan - SWE
10. Alan Brym	UKS Zapasy Gwardia Warszawa
10. Lasse Nielsen	AK Hermod K
10. Mads Blenning	AK Hermod K

44 kg Dreng**8 Participants**

1. Alexandru Baloi	Klippans BK
2. Filip Reglinski	Morenn Zukowo
3. Mathias Holck	AK Heros

48 kg Dreng**16 Participants**

1. Elliot Trelid	Team Skåne
2. Michal Kibort	Kolbudy
3. Marcus Ravn	AK Heros
4. Vilmer Nygren	Limhamns BK
5. Silas Humle	BK Thor N.
6. Yusuf Polat	AIR
7. Viggo Skoog	Klippans BK
8. Sirius Wincentz	AK Heros
9. Marco Hansen	Alsia
10. Frederik Gagsch Dallerup	BK Odin
10. Efe Polat	AIR
12. Melvin Pernung	Svedala
13. Szymon Micun	Kolbudy
14. Mikkel Lodahl	Herning BK
15. Anton Levin	Svedala
16. Christian Bach Blangsted	BK Thrott

52 kg Dreng**11 Participants**

1. Mikkel Clausen	KIF Brydning
2. Christian Styrbak	BK Odin
3. Igor Dabrowski	Morenn Zukowo
4. Aron Nordqvist	BK Pan - SWE
5. Viktor Dahl	Herning BK
7. Emil Sørensen	Ffl
7. Eliajs Kriciunas	Bjuv BK
8. Elliot Sjögren	Limhamns BK
9. Kasper K. Nielsen	AK Jyden
9. Marcel Kibort	Kolbudy
11. Adam Micun	Kolbudy

57 kg Dreng**3 Participants**

1. Mark Reimer	BK Thor N.
2. Bajsangur Dubaev	BK Viking
3. Kevin Göransson	BK Pan - SWE

62 kg Dreng**5 Participants**

1. Igor Gdaniec	Granica Gdansk
2. Villas Christensen	AK Heros
3. Tymoteusz Ktos	Granica Gdansk
4. Melvin Larsen	BK Pan - SWE
5. Mikkel Stenberg Petersen	AK DAN

68 kg Dreng**4 Participants**

1. Oliver Farnestam	BK Pan - SWE
2. Marcus Petersen	Hermod H.
3. Mateusz Wierzbinski	Unia Swarzedz
4. Marcus Kofoed	BK Thrott



List of winners

Venue Frederiksværk, 22-02-2020

232 Participants

Heros Cup 2020

All

Klasse

75 kg Dreng

1. Kasha Poutin
2. Endrit Sezallari

2 Participants

- AK Heros
AK Hermod K